



Community Resource Directory



HAMILTON TOWNSHIP SENIOR CENTER
"A Senior Community Focal Point"

Dear Friends:

Our senior citizens are a valued and treasured part of our community and their happiness, health and well-being are an important goal for all of us in public service. We hope that this Directory is helpful and can assist in answering many of the questions and needs of our senior citizens.

This Directory is intended to provide an informational guide for better understanding and access to services and facilities in our area which are available for senior citizens. It is not intended to be all-inclusive, but to offer a listing of many of the available resources in this area for housing, medical insurance, home care, nutrition, transportation, education, recreation and much more.

The Township of Hamilton hopes that this Directory is a beneficial and positive addition to senior citizens and their families.

Sincerely,

The Hamilton Senior Center Staff

The Mission of the Hamilton Township Senior Center is to promote the most enriching quality of life for our Hamilton Township Seniors. The center is a community focal point where older persons can gather together for activities and services, which enhance their dignity, support their independence and encourages involvement in and with the community. We have developed and implemented programs and activities in the areas of health and fitness, education, recreation, socialization and volunteerism. Our goal is to increase public awareness and promote active participation of our senior population.

The following are some of the many activities, events & programs offered at the senior center:

- **Billiard Room**
- **Bingo**
- **Blood Pressure Screenings**
- **Chair Exercise**
- **Choral/Theatre Group**
- **Computer Classes**
- **Fitness Room**
- **Garden Club**
- **Indoor Bocce Court**
- **Indoor Swimming Pool**
- **Information & Assistance**
- **Line Dancing**
- **Movies and Trips**
- **Nutrition Program**
- **Special Events**
- **Transportation Services**
- **Much, Much More!!**



***Hamilton Township Senior Center
409 Cypress Lane
Hamilton, NJ 08619
(609) 890-3686***

***(609) 588-8074 Fax
Hours: Monday-Friday 8:00 a.m. - 4:00 p.m.
Thursday 8:00 a.m. - 7:00 p.m.***

www.hamiltonnj.com

Senior Housing Information

Alvin E. Gershen High Rise
1655 Klockner road
Hamilton, NJ 08619
(609) 890-9401

Pond Run
9 Lamont Avenue
Hamilton, NJ 08619
(609) 890-9400

McCorristin Square
99 Leonard Avenue
Hamilton, NJ 08610
(609) 584-2226

Twin Ponds
2309 Yardville Hamilton Sq Rd
Hamilton NJ 08690
609-528-0152



Adult Communities

Adult Communities are strictly for adults ages 55 and older. These homes/townhouses/condos are purchased independently. Each complex has their own Clubhouse and many have swimming pools onsite.

❖ Enchantment at Hamilton
2 Sedona Boulevard
Hamilton, NJ 08691
(609) 585-9009

❖ Evergreen
30 Nightingale Drive
Hamilton, NJ 08690
(609) 584-2460

❖ Locust Hill
Kuser Road
Hamilton, NJ 08691
(609) 584-5440
(609) 586-7580

❖ Montage
Talbot Way
Hamilton NJ 08691
609-586-9001

❖ The Woodlands
Kuser Road
Hamilton, NJ 08619
(609) 584-0071

❖ Traditions @ Hamilton Crossing
Whitehorse-Hamilton Square Rod
(609) 890-6868

❖ Villages at Hamilton
2 Heaton Drive
Hamilton, NJ 08690
(609) 631-4343

Assisted Living

Assisted living is for individuals who need some assistance with normal activities of daily life, but who do not need the medical care provided in a nursing home.

- ❖ Alterra Clare Bridge of Hamilton
1645 Whitehorse-Mercerville Rd
Hamilton, NJ 08619
(609) 586-4000
- ❖ Meadow Lakes
300 Meadow Lakes
East Windsor, NJ 08520
(609) 448-4100
- ❖ Bear Creek Assisted Living
291 Village Road East
West Windsor, NJ 08550
(609) 918-1075
- ❖ Morris Hall
1 Bishops' Drive
Lawrenceville, NJ
(609) 895-1937
- ❖ Care One At Hamilton
1660 Whitehorse-Hamilton Sq Rd
Hamilton, NJ 08690
(609) 586-4600
- ❖ Rose Hill Assisted Living
1150 Washington Blvd.
Robbinsville, NJ 08691
(609) 371-7007

Nursing Homes/Nursing Care Communities

- ❖ Acron Glen
775 Mt. Lucas Road
Princeton, NJ 08540
(609) 430-4000
- ❖ Hamilton Continuing Care Center
1059 Edinburg Road
Hamilton, NJ 0869
(609) 588-0091
- ❖ Applegarth Care Center
Applegarth Road
Hightstown, NJ 08831
(609) 448-7036
1-888-49905699 (toll-free)
- ❖ Mercer County Geriatric Center
2300 Hamilton Avenue
Hamilton, NJ 08610
(609) 588-5800
(609) 588-5837
- ❖ Arcadia Nursing & Rehabilitation
1501 U.S. HWY No. 33
Hamilton, NJ 08690
(609) 586-1114
- ❖ Mercerville Center
2240 Whitehorse-Mercerville Road
Hamilton, NJ 08619
(609) 586-7500

Affordable Clothing & Household Goods

- ❖ Goodwill Thrift Store:
594 US HWY 206 North, Bordentown, NJ
(609) 291-0091

- ❖ Red, White and Blue:
2055 Nottingham Way
Hamilton, NJ
(609) 586-1608

- ❖ Salvation Army:
Route 33, Hamilton, NJ
(609) 890-9664

Home Care Agencies/Respite Care

Home Health Aides help with personal care, bathing, dressing, walking, food preparation, etc. Aides are trained, some certified and work under the supervision of registered nurses. Some offer Respite services (a program which provides temporary or short term care) to aid families experiencing fatigue and stress due to long-term care giving of frail, elderly and/or disabled members.

Bayada Nurses
168 Franklin Corner Road
Lawrenceville NJ 08648
609-695-9500

Comfort Keepers
4609 Nottingham Way
Hamilton NJ 08690
609-890-2888

CareFocus Companion Services
168 Franklin Corner Rd
Building 2 Suite D
Lawrenceville NJ 08648

Home Instead Senior Care
1047 Hickory Corner Rd
E. Windsor NJ 08520

Caring Senior Services
2382 Whitehorse-Mercerville Rd
Hamilton NJ 08619

Visiting Angels
Serves Mercer & Burlington
Counties NJ
609-883-8188
www.NJSeniorCare.com

Senior Care Management
261 Upper Ferry Road
Ewing NJ 08628
609-882-0322

Senior Helpers
764 Easton Ave Suite 1
Somerset NJ 08873
732-993-6991

A+ Senior Care
Serves Mercer & Burlington
Counties, NJ
www.aplusseniorcare.com
609-450-1719

Insurance/Financial Information

❖ **LIFELINE**

- Utility assistance program offers a yearly benefit of \$225 credit on electricity bills. This is open to people who are New Jersey residents who are 65 years of age or older, or Social Security disabled. Lifeline is available to utility customers and tenants who utilities are included in the rent. Call 890-3686 for more information.

❖ **PAAD**

- Helps to pay for prescription medicines and certain pharmacy items. Recipients must pay a co-pay for each prescription and the State of New Jersey pays the remaining costs. Call 890-3686 for more information.

❖ **SENIOR GOLD**

- This program applies to prescription drugs as well and requires \$15 co-pay per prescription plus 50% of the cost balance. Financial eligibility must be met. Call 890-3686 for more information

❖ **NJ SHARES ENERGY ASSISTANCE PROGRAM:**

- Energy assistance for middle income families who are in a financial hardship within a calendar year. NJ SHARES will pay up to \$1,000 on your account. Call 890-3686 for more information.

❖ **MERCER COUNTY BOARD OF SOCIAL SERVICES**

200 Woolverton Street, CN 01450 or P.O. Box 1450

Trenton, NJ 08650-2099

(609) 989-4320

Hours: Monday-Friday 8:30 a.m. – 4:30 p.m.

Programs Include:

- *Medicaid Federal/State Health Assistance Program:* Pays Medical bills for eligible persons. Must meet financial eligibility criteria.
- *Food Stamps Federal Assistance Program:* Helps eligible persons purchase food.
- *Social Services Adult Protective Services:* Evaluation of situations involving individuals 18 or older who are at risk of abuse, neglect and/or exploitation (609) 989-4451 (intake).
- *Homemaker Services:* Provision of in-home services to assist the aged or disabled.
- *Medical Transportation Services:* Provision of transportation to Medicaid eligible recipients for medical appointments

❖ ***Medicaid Waiver Programs:***

- *Community Care Program for the Elderly and Disabled (CCPED).* Helps individuals to continue to live at home rather than going to a nursing home. Services of visiting nurse and adult day care available. Low income eligibility and proof of assets required. Call (609) 989-4664 for more information
- *Caregiver Assistance Program (CAP):* Provides in-home services to seniors at risk of placement in a nursing facility, through Mercer County Commission on Aging (609) 989-6661.
- *Assisted Living Waiver:* Promotes a resident's self direction and participation in decisions that emphasize privacy, individuality, dignity and choice in homelike surroundings.
- *Qualified Medicare Beneficiary Program (QMB).* Helps pay Medicare out-of-pocket expenses for some low income persons.

Financial Information:

❖ ***MERCER COUNTY HOME ENERGY ASSISTANCE PROGRAM (HEAP)***

640 BROAD STREET

Room 402

Trenton, NJ

(609) 989-6959

- Financial Assistance to defray cost of home heating

❖ ***NEW JERSEY MEDICAID PROGRAM***

Division of Medical Assistance and Health Services (DMAHS)

P.O. Box 712

Trenton, NJ 08625

(609) 5882724

- Division of Medical Assistance and Health Services.
- Federal assistance program administered by the State of New Jersey for the needy. It covers most hospital, medical and prescription expenses. Low income, Low assets.

❖ ***MEDICAID FOR NURSING HOMES OF MERCER COUNTY***

(609) 989-4664

- Applicant must meet financial and medical necessity requirements. Low income, low assets. Must "spend down" assets when already in nursing home and Medicare has expired. Process of evaluation is individual and complex.

Medicare

❖ **MEDICARE**

1-800-772-1213 (State toll free number)

- List of Participating Physicians: Call “X-act” at 1-800-462-9306.
- Medicare Supplemental Insurance (NJ Dept of Insurance) 609-292-5363.
- Federal Health Insurance Program operated by the Social Security Administration. Patient or spouse must have contributed to fund while employed (part of Social Security deduction).

❖ **SENIOR HEALTH INSURANCE PROGRAM (SHIP)**

(609) 584-5900

- State program that provides information on medical insurance for seniors, disable and for Mercer county residents enrolled in Medicare. Information can be requested regarding supplemental insurance.

❖ **MEDICARE + CHOICE (ALSO KNOWN AS MEDIGAP)**

(609) 924-7108

- Health Insurance programs available to supplement Medicare, Health Maintenance Organizations (HMO's). Information on these programs can be obtained from State Health Insurance Program (SHIP)

You can access additional information at www.medicare.gov

Transportation

❖ **HAMILTON TOWNSHIP SENIOR CENTER**

**409 Cypress Lane
Hamilton, NJ 08619
(609) 890-3686**

- Free transportation services offered by the Hamilton Township Senior Center are for Hamilton seniors that no longer are able to drive themselves. Transportation will be provided for doctor's appointment and food shopping. Two (2) weeks notice is the minimum requirement. Call the center to arrange for your appointment.

❖ **NEW JERSEY TRANSIT FOR SENIORS, DISABLED AND HEARING IMPAIRED PERSONS ("ACCESS LINK")**

**1 Penn Plaza East
Newark, NJ 07105
1-800-955-2321**

- Curb to curb transportation.
- Scheduling one to fourteen days in advance
- Individuals must meet eligibility requirements.

❖ **TRANSPORTATION RESOURCES TO AID THE DISADVANTAGED AND ELDERLY (TRADE)**

**Mercer County DOT Facility
3 Scotch Road
Building 1
Trenton, NJ 08628
(609) 530-1971 or 530-1972**

- Provides transportation to medical appointments, employment, school, shopping and other essential services.
- Call between 9:00 a.m. – 12:00 p.m. daily
- No Fee.

❖ **MEDI-TRANSPORT**

**63 Second Avenue
Hamilton, NJ 08619
(609) 586-7171**

- Medicaid participants are free
- Other participants; Fee-based service. Call Medi-Transport for more information.

❖ **NEW JERSEY TRANSIT REDUCED FAIR PROGRAM**

**180 Boyden Avenue
Maplewood, NJ 07040**

- Seniors 62 and over and the disabled can ride NJT trains, light rail and buses for a 50% or more reduction in fare.
- You must show your Medicare Card, NJ Transit Card, NJ Transit Reduced Fare I.D. or other accepted I.D.
- NJ Transit Reduced Fair I.D.'s can be obtained from local banks or from above address.

Nutrition

❖ **MERCER COUNTY BOARD OF SOCIAL SERVICES (FOOD STAMPS)**

200 Woolverton Street

Trenton, NJ 08650

(609) 989-4623

- The Mercer County Board of Social Services administers the Food Stamp Program. Program is based on income eligibility. Call for more information.

❖ **MOBILE MEALS OF HAMILTON**

(609) 448-4088

- Program is open to individuals who are homebound (no age restriction).
- Meals are served Monday-Friday.
- Cost: \$4.50 for hot meal, \$1.25, cold meal and 20 cents for milk.

❖ **MEALS AT HOME (Meals are provided by the American Red Cross; prepared at St. Francis Medical Center)**

(609) 951-2124

- Meals are provided for seniors 60 years of age and older.
- Hot meal \$3.83, Cold meal \$2.36
- Week-end Mobile Meals are also available for \$4.58 per meal

❖ **MERCER COUNTY NUTRITION PROJECT FOR THE ELDERLY**

640 S. Broad Street

Trenton, NJ 08650

(609) 989-6650

- The Mercer County Nutrition Program has numerous sites throughout Mercer County and offers lunches from Monday-Friday for a suggested donation of \$1.00. Please call above main number for more information

❖ **HAMILTON TOWNSHIP SENIOR CENTER**

409 Cypress Lane

Hamilton, NJ 08619

- The Hamilton Site is located at the Hamilton Township Senior Center on 409 Cypress Lane, Hamilton, NJ. Please call 586-7272 between 8:00 a.m. – 12:00 p.m. to register for lunch at the Hamilton Site.

Food Pantry

❖ **BROMLEY NEIGHBORHOOD CENTER**

**1801 E. State Street
Hamilton, NJ 08609
(609) 587-8100**

- Based on income eligibility. Please call above number for an appointment.

❖ **ST. RAPHAEL'S FOOD PANTRY**

**151 Gropp Avenue
Hamilton, NJ 08610
(609) 585-3848**

- Based on income eligibility. Please call above number for more information.

Adult Education

❖ **HAMILTON TOWNSHIP SENIOR CENTER**

**409 Cypress Lane
Hamilton, NJ 08619
(609) 890-3686**

- The center offers a variety of classes, such as, computer classes, chair exercise, swim exercise and much more. Classes are both fee and non-fee based. Please call the center for more information.

❖ **HAMILTON TOWNSHIP ADULT SCHOOL**

**90 Park Avenue
Room L1
Hamilton, NJ 08619
(609) 631-4100 X 3055**

- The Hamilton Township Adult School offers a variety of classes for adults and seniors. Please call for more information.

❖ **MERCER COUNTY COMMUNITY COLLEGE**

**1200 Trenton Road
West Windsor, NJ 08550
(609) 586-4800 ext. 228 (credit courses)
(609) 586-9446 (non credit courses)**

- Mercer County residents 65 or older may enroll in credit and non-credit courses on a space available basis.

Social Services

❖ **OUTREACH SERVICES**

640 S. Broad Street

Trenton, NJ 08650

(609) 989-6661

Hours: Monday-Friday 8:30 a.m. – 4:30 p.m.

- Provides information and counseling services to isolated, frail, homebound elderly through casework services on the telephone, in the office or in the client's home. Assistance is given to clients in filling out forms to apply to local, state and federal programs. (Not a formal case management program).

Identification Cards

❖ **HAMILTON TOWNSHIP SENIOR CENTER**

409 Cypress Lane

Hamilton, NJ 08619

(609) 890-3686

- Senior I.D. cards are issued between the hours of 1:00-3:00 p.m. daily. Please bring proof of residency.

❖ **MERCER COUNTY I.D.**

Mercer County Clerk's Office

209 South Broad Street

Room 100

Trenton, NJ

(609) 989-6998

- No appointment needed; approved government photo I.D.

❖ **NEW JERSEY DIVISION OF MOTOR VEHICLES**

Baker's Basin DMV Location

(609) 292-6500

1-888-486-3339

www.njmvc.gov

- Must bring specific forms of identification, which are listed on the website.
- Please call for more information.

❖ ***NATIONAL PARK PASS***

- Lifetime FREE admission to national parks, recreation areas, forest, BLM, Fish & Wildlife.
- 50% discount on service fees.
- Must be at least 62 years of age or disabled.
- Must obtain pass at the park.

❖ ***NEW JERSEY STATE PARK PASS***
NJ Department of Environmental Protection
Division of Parks and Forestry
CN 404
Trenton, NJ 08625-0404
1-800-843-6420

- Free or reduced admission to state parks, forests, historic sites and recreation areas.

Identity Theft

❖ ***IDENTITY THEFT:***
Call the following places:

- If you suspect you have been a victim of identify theft; call your local police, credit card companies, banks, investment companies, licensing agencies and Social Security Administration.
- Mercer County Consumer Affairs at 609- 989-6671.
- Federal Trade Commission at 1-877-438-4338.

NJ EASE

❖ *WHAT IS NJ EASE?* ***1-877-222-3737***

- NJ EASE (New Jersey Easy Access, Single Entry) is the easy way for seniors and their families to get information about and access senior services.
- NJ EASE is one toll-free telephone number to put you in touch with someone to help you learn about and apply for important program and benefits.
- NJ EASE promotes independence, dignity and choice for New Jersey's older adults.
- When you dial the NJ EASE toll-free telephone number, a person from an agency in your county answers. You'll speak with someone who is trained, knowledgeable and ready to help you. Once services are provided, NJ EASE keeps in touch with you to make sure the services continue to meet your needs.

❖ *NJ EASE SERVICES*

- NJ EASE staff members are trained to provide you with answers and information on a wide variety of topics, including:
 - Healthcare
 - Insurance
 - Home Care Services
 - Long Term Care Options
 - Transportation
 - Social Activities
 - Nutrition
 - Volunteer Opportunities
 - And more!

